

2007 a great year

lets make 2008 even better

This is a message to say a big congratulations and well done to everybody who participated in sports and physical activities in the borough of Rochdale during 2007.

It has been a great year with lots of new activities becoming available for example cycling, skiing, banana boating and trampolining. It was fantastic to see people try new activities for the first time in their lives. It can never be underestimated the value that sports and physical activities can bring to peoples lives.

2008 is also a great year to look forward too with even more opportunities becoming available. Here are some of them.

- Accessible cycling opportunities based in Rochdale using the newly developed cycle ways
- Regular 10pin bowling sessions at Strike Ten
- A full Sunsport programme covering all school holidays
- Increased volunteer support programmes for coaches working with people with disabilities
- Duke of Edinburgh programme supporting young people with disabilities

The list is endless

Keep an eye on this website and have a great time over

Christmas and New Year